

## STAFF CARE PROGRAM Connect. Strengthen. Thrive.



## How has having cancer, surviving cancer, or caring for someone who has cancer affected your life?

Everyone has different experiences and perspectives.

Please join us and share yours, they are often helpful to others.

Meets the second Wednesday of every month.

USAID Staff Care Center • 1101 Pennsylvania Avenue, NW • Suite 531

(Directly across from the Old Post Office Pavilion in the Evening Star Building)

Contact/Questions: Pam Parmer Email: pparmer@usaidstaffcarecenter.net Tel: 301-529-9434

## For U.S. and Overseas Call-in Participants:

1-800-704-9804 or 404-920-6604 Enter Conference Code 712627, and follow prompts. If you have difficulty connecting, please hang up and try again.

All USAID staff and eligible family members have access to free, confidential assistance with any work, life, personal, or family issue. Any time, any day, you can contact us for live assistance, including short-term professional counseling, individual consultations, resources, referrals, and information.

## IN D.C.? VISIT THE STAFF CARE CENTER:

1101 Pennsylvania Avenue NW, Suite 531, Washington DC 20004 HOURS: M & W: 10AM-6PM - T & TH: 11AM-7PM - F: 9AM-5PM

FREEPHONE: 877-988-7243 (877-98USAID) **DIRECT DIAL: 919-645-4960** 

Long distance or international calling charges are paid by the caller.

DIRECT DIAL/REVERSE CHARGES: +44 (0) 208 987 6550 Call your international operator and request that the charges be reversed to the number listed above

SMS TEXTING: 919-324-5523 Standard text messaging rates may apply.

WEBSITE: www.staffcare.usaid.gov **REGISTRATION CODE: USAID** 

To ensure that we connect with you when e-mailing or texting, please provide your name, the country where you are located and the phone number where you can be reached.